

Daily Word



A UNITY PUBLICATION SINCE 1924
DECEMBER 1945

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought and purpose for the good of all humanity.

NOV. 20 to DEC. 19

ILLUMINATION (11 a. m.): The light that never was on land or sea now shines for me.

PROSPERITY (12 noon): The fullness of Spirit substance is now made manifest in my affairs.

HEALING (9 p. m.): The fullness of God's vitalizing life quickens and heals my mind and body.

DEC. 20 to JAN. 19

ILLUMINATION (11 a. m.): The new light in Christ illumines me.

PROSPERITY (12 noon): Wisdom from within reveals new sources of wealth without, and I am prospered.

HEALING (9 p. m.): I am born anew this day, and I radiate harmony and health.

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DAILY WORD

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God Is Greater than Your Fear

MARTHA SMOCK

HUMAN REACTIONS do not change much. That is one reason why the Bible is still a best seller, I think, for when we read it we find people like ourselves, our families, and our friends. We read how hearts rejoiced; we read how hearts were downcast and complaining. We read about people acting as nobly and as wonderfully as we sometimes find ourselves acting, we read about people acting as perversely as we sometimes find ourselves acting.

When VJ Day came suddenly, rejoicing and relief filled all our hearts, and we felt that we could not give thanks enough for the end of war, for the saving of lives, for the change from war to peace.

But soon murmurings were heard in the land, murmurings of a people afraid. Some of us are like the Children of Israel of old, who had been shown miracle after miracle in their flight out of Egypt, who had been delivered out of the hands of the Egyptians by the final miracle of the parting of the Red Sea. But after only three days in the wilderness they murmured against Moses, saying, "What shall we drink?" And after they had

been in the wilderness for a month and a half "the whole congregation . . . murmured against Moses and against Aaron in the wilderness: and the children of Israel said unto them, Would that we had died by the hand of Jehovah in the land of Egypt, when we sat by the flesh-pots, when we did eat bread to the full; for ye have brought us forth into this wilderness, to kill this whole assembly with hunger." Such a reaction to days of peace, to the prospect of entering a new world, a promised land flowing with milk and honey was only human then, and it is only human now. But you remember that in spite of the grumblings and murmurings of the Children of Israel they were fed and guided and cared for by Jehovah. They were even fed manna from heaven!

"And in the morning the dew lay round about the camp. And when the dew that lay was gone up, behold, upon the face of the wilderness a small round thing, small as the hoarfrost on the ground. And when the children of Israel saw it, they said to one another, What is it? for they knew not what it was. And Moses said unto them, It is the bread which Jehovah hath given you to eat."

To some people today the prospects of work, in the light of wartime jobs and salaries, seem as "small as the hoarfrost on the ground." These people are almost as unthinking as the Children of

Israel, who told Moses they would rather have met death in Egypt, where they were well fed, than be free and on their way to the Promised Land if they had to suffer privations. The most wonderful thing about the story of the wanderings of the Children of Israel from Egypt to the Promised Land is the continual care and guidance and protection of the Lord, in spite of their resistance to their own good.

It is a good story for us to think about today, for God is just as surely with us now; His love, His care, His providence will never fail us. Whatever our need, however desolate the wilderness we may be passing through, nevertheless the pillar of cloud by day, the pillar of fire by night, and the manna to meet our needs are available to us as surely as they were to the Children of Israel.

If during this time of change and reconversion in our land, this time of abrupt change from wartime ways to peacetime planning, we can remember that God is with us, that He will not fail us, that He will bring us through the wilderness of uncertainty, then we can keep our faith steady, our heart free from fear; we can recognize and accept our good.

Whatever VJ Day meant to you in outer ways, let it stand as a symbol of inner victory to you. Even the fearful will find that the world is in much better shape than they think. Even the dis-

senters and complainers will find that the world moves on in an orderly way and that God answers their prayers almost in spite of themselves.

I cannot outline what the postwar world will be like specifically; but I do have faith that we are entering the best age that man has known, for it seems to me that more and more of us are discovering how to live, how to think, how to work together. We have a new conception of friendship, we are learning to extend our friendships beyond the borders of nationality, race, creed, or color; we are learning the literal meaning of "Love thy neighbor as thyself."

This is and always has been the answer to human problems: an understanding heart, a faith-filled heart, a courageous heart. Like the Psalmist we may feel: "*I had fainted*, unless I had believed to see the goodness of the LORD in the land of the living." We can take his advice: "Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD."

The world moves forward, and we move with it as we trust God, as we trust man, as we are willing in our heart to accept the greatest good for the greater number even if to us individually it may mean change. Let us accept good changes; let us meet the challenges of peace as courageously as we met the challenges of war!

Regarding Your Christmas Order for Unity Literature

Question: In these times when mail-handling facilities are congested and many workers are learning new jobs, will my order be filled in time for Christmas?

Answer: Yes, if you place your order **NOW**, writing it plainly, using order forms whenever possible, and then co-operate with us by waiting patiently during the three weeks usually required to fill a Christmas order. (Letters of inquiry about orders in process actually slow up our handling of the orders, since they must be taken out of the regular routine and given special handling, which requires much extra time.)

Pledge by Unity

Because people everywhere are turning to Truth literature as the ideal Christmas gift, Unity pledges itself to put forth the utmost effort to see that all Christmas orders are filled on time.

Blessing by Silent Unity

We bless every department of Unity School with a prayer for divine order and efficiency.

We bless everyone who orders Christmas literature with the thought that there is no delay in Spirit.

We bless everyone who receives Unity literature in the knowledge that he is truly receiving a gift of the Christ, the living Truth.

DECEMBER 1

Saturday

THROUGH THE CHRIST SPIRIT WITHIN ME
I AM LIFTED UP INTO LIGHT AND UNDER-
STANDING.

IT IS wonderful to know that within each of us there is the Spirit of light and truth. It is even more wonderful to know that this Spirit is our own special guide and counselor.

Most of us do not understand ourselves when we feel engulfed in darkness and lost in the forest of our own moods and depressions. Many persons blame others for their feelings. Some complain of circumstances. If instead of giving vent to our unhappy feelings we would turn within, to the Spirit of light and truth, we should be given the understanding we need, and we should be led through complicated conditions into ways of light and peace.

It is not always easy to let go of an unhappy mood. But the secret is this: Do not think of how you feel or of the conditions that you may think caused the feeling. Think of the Christ Spirit within you and allow it to lift you up into light and understanding.

✿ *Arise, shine; for thy light is come, and the glory of Jehovah is risen upon thee.—ISA. 60:1.*

Sunday

DECEMBER 2

IN GOD I FIND EVERY RIGHT ANSWER.

I TURN TO God for my answer to all things. He is my confidence and my strength. He is the light that directs me into the right path. He is the warm faith deep within me; He is the song of joy in my heart. He is the compassion that helps me understand my fellow men; He is the love that makes my life good.

God has given me the signposts along the way of my life. He is my guide at every turning. In the night heavens He has put the stars of hope, and He has in all times been my promise of the dawn.

He has been the quietness that I have found in every storm. He has been my sanctuary at the end of my long travels. On every side He has given me evidence and proof that He is there to answer my every need.

Father-God, I thank You for the steadfastness of Your companionship. I thank You for the light You have put in my heart and the warmth of Your love that You have shared with me.

*For wisdom shall enter into thy heart,
And knowledge shall be pleasant unto thy soul.*

—PROV. 2:10.

DECEMBER 3

Monday

MY HEART IS FILLED WITH THANKFULNESS,
BECAUSE I KNOW THAT I AM ONE WITH GOD
AND ALL GOOD.

HAVE YOU ever taken the time to realize what it really means to be one with God and all that is good? If you have, you have experienced the thankfulness of heart that lifts the soul and inspires you to live your life with greater purpose and deeper satisfaction.

When you realize your oneness with God and with all that is good, you realize you are created out of the very substance of God Himself. You realize that every cell of your body is pure and perfect spiritual life. You realize that you have for your very own the very highest wisdom and intelligence there is. You realize that, regardless of what your life seemed like yesterday, today can bring fulfillment of every desire in your heart.

It is wonderful to know this oneness, but the real wonder lies in claiming it and calling forth the qualities of God that heal your body, quicken your mind, and adjust and harmonize your affairs.

♣ There is *one body, and one Spirit . . . one Lord, one faith, one baptism, one God and Father of all.*—EPH. 4:4, 5, 6.

Tuesday

DECEMBER 4

I AM SECURE IN THE KNOWLEDGE THAT GOD'S SUBSTANCE IS INSTANT, CONSTANT, AND ABUNDANT.

ARE YOU anxious about something or do you feel insecure about your job, your success, your future, or your home?

Security is one of the greatest blessings of the Father, and something that everyone desires. A sense of security is arrived at by believing in God as your source of supply, by knowing that God's substance is never depleted, that you can draw on it through faith for whatever you may need or desire. Anxiety and negative thinking undermine your powers for successful expression, but trust and confidence open the doors of prosperity to you.

Think constructively about your supply and success. Take command of your thinking and of your affairs. Believe in the allness of God, in His goodness, and in His instant and constant supply, and you will be secure in the knowledge that your supply is always with you.

✿ *In nothing be anxious; but in everything by prayer and . . . thanksgiving let your requests be made known unto God.*—PHIL. 4:6.

DECEMBER 5

Wednesday

I AM A SPIRITUAL BEING WITH A TRUE
TALENT FOR RIGHT THINKING AND LIVING.

YOU ARE essentially a spiritual being. You have not begun to realize your spiritual powers; you have not begun to use your capabilities and talents.

You may not think of yourself as possessing any talent, but you are in possession of the greatest talents given to man, the ability to think. How you think about God, how you think about yourself, how you think about other persons, how you think about the world in which you live, determines your consciousness, and your consciousness determines the kind of God you know, the kind of person you are, the kind of people you attract to yourself, the kind of world you find yourself living in. The way to develop a talent is to recognize it first of all and then to use it, to perfect it, to improve upon your understanding of it. So the way to develop your talent for right thinking is first of all to recognize it and then to begin to express and think according to the highest truth you know.

♣ *Be ye transformed by the renewing of your mind.*
—ROM. 12:2.

Thursday

DECEMBER 6

I SEEK TO FIND AND EXPRESS MY HIGHER SELF, FOR THIS IS MY GIFT TO THE WORLD.

EACH DAY I try to live at the highest level of life that I know. I not only study the Truth of God but I endeavor to make this Truth my life. This is my gift to the world.

By drawing closer to God I find my higher self. By turning to Him in all things I am directed in right ways.

I seek out good company. The good company I find is positive, upbuilding thoughts. I find myself always in good company when I seek that which is best in other human beings, when I partake of the best that other men have given the world in beauty, in music, in good books.

I do not let myself down by self-depreciation. I seek to find and express my higher self, for this is my gift to the world. By expressing my higher self I am enacting the word of God in my life, and I am giving more of God to the world. The gift of God to man through man is the finest gift that can be given. Today I give the finest gift that I can give: my higher self.

✿ *But be ye doers of the word, and not hearers only.*
—JAMES 1:22.

I AM HEALTHY. I AM WHOLE. PRAISE GOD FOR THIS WHOLENESS OF MIND, BODY, AND SOUL.

HAVE YOU THE health habit? When you awoke this morning did you recount your blessings of vitality, energy, life? Did you praise God for your strength, perfection, and health? When a friend greets you with "How are you?" do you quickly, genuinely, joyously say, "I'm fine."

You can have the health habit! Thinking health establishes you in health. From habitually thinking health you build up a reservoir of healing not only for your own self but for use as a blessing for your loved ones, your friends, and those who seem in need. You formulate a healing prayer by translating your thoughts of health into words of healing.

The habit of right thought, right speech, the habit of thinking and talking of health and wholeness is an invitation to perfection in every physical detail.

Cultivate the health habit! You will praise God for this wholeness of mind, body, and soul!

✿ *I shall be made whole.*—MATT. 9:21.

I NOW CLAIM THE DIVINE ORDER AND HARMONY THAT ARE GOD'S WILL FOR ME.

GOD HAS placed in my heart a desire for peace, happiness, and every good thing for myself and for others. In my mind I am resolved to have them. Now I must discipline myself to live so as to bring them to pass. This is divine order in living.

Divine order is much more a matter of the heart than it is of the absence of dust, of punctuality in keeping appointments, or of the orderly arrangement of affairs. These are important but not the most important.

Divine order is divine economy in the use of the resources that God has intrusted to me: divine lavishness in all that is friendly, constructive, or helpful; strict abstinence from that which is unpleasant, destructive, or discouraging.

Although divine order finds expression in all outer ways it begins within. I cannot think in fruitless, haphazard ways and expect to conduct my life in an orderly fashion. I am willing to make the effort to have order within and without.

✿ *Think on these things.*—PHIL. 4:8.

DECEMBER 9

Sunday

THE LIGHT OF GOD SURROUNDS YOU; THE LOVE OF GOD INFOLDS YOU; THE POWER OF GOD PROTECTS YOU; THE PRESENCE OF GOD WATCHES OVER YOU. WHEREVER YOU ARE GOD IS.

SILENT UNITY used this prayer through the war years as a prayer of protection for those in the armed services. We are continuing to use it to bless the boys who are still in uniform. Now that the war has ended, we know that the greatest need of protection is not from outer danger but from inner discontent, from boredom, from feelings of depression or discouragement.

We are using this prayer too for the men wounded through their war experience, for all the hospitalized men, knowing that part of their healing comes through an awareness of the presence and power of God.

We are using this prayer also for the returning veterans. We pray that they may easily make the necessary adjustments and become civilians again in heart and mind as well as in dress.

Will you too use this prayer to bless these men?

☛ *If God is for us, who is against us?*—ROM. 8:31.

Monday

DECEMBER 10

I HAVE FAITH IN GOD'S LAW OF JUSTICE, AND MY MIND AND HEART ARE AT PEACE, MY AFFAIRS ARE IN ORDER.

THERE IS A divine law of justice that works through life and can be trusted to adjust and equalize the affairs of men, regardless of how unjust or unfair they may seem to human judgment. This law is operative in every individual life and will not fail to bring about a just and harmonious adjustment in any situation. The individual's part in the operation of this law is to have faith in it and to keep his mind and heart at peace.

Many look around them and feel that the undeserving are being blessed while the deserving are not. This could not really be true, because divine law always works justly and precisely. Those who give their thought and attention to contributing to life what they want life to give back to them in the way of understanding, fairness, forgiveness, effort, and love find that they are blessed opulently and that life is ever just and fair.

♣ *The law of Jehovah is perfect, restoring the soul.*
—PSALMS 19:7.

THROUGH THE EXPRESSION OF MY CHRIST NATURE MY SOUL IS SATISFIED, AND I AM HAPPY.

HAPPINESS does not depend upon a change in circumstances or upon the favor of another person. Happiness comes from the development and expression of our inner nature. There is no other way to attain true and lasting happiness and real satisfaction.

It is true that other persons contribute to our well-being and that we contribute to theirs, but another person cannot know our real soul needs any more than we can know his. The lord of the soul, which is the Christ Spirit dwelling within the heart of every man, is the only never-failing, never-disappointing source of happiness. This lord reveals the infinite possibilities of the soul and directs it in developing and calling forth the wisdom, the faith, the love, the capabilities that mean joy and satisfaction of mind and heart.

It is through regular and conscientious prayer that we come to know our own Lord and to trust Him for guidance and happiness.

☛ *He that giveth heed unto the word shall find good.*
—PROV. 16:20.

Wednesday

DECEMBER 12

THE JOY OF LIVING COMES FROM GIVING.
TODAY I GIVE GOOD GIFTS OF LOVE AND JOY
AND PEACE.

THESE LINES from one of our Unity songs contain a good thought with which to begin the day:

"I am the joy, the joy of living;
It comes from giving, giving, giving.
I give of love, I give of peace,
I give of joys that never cease."

You can find the joy of living today by giving of yourself. Every good thought, every good word, every good deed is a gift that brings returns of joy to you.

Is it a kind, heartening word that someone needs? Give it out of the love of God in your heart. Is it a helping hand that someone needs, an act of service, an idea of peace and understanding? Give out of the fullness of the power and peace and understanding that you possess.

What an abundance of love and joy and peace you can give today! What an abundance of good will flow into your life from God through the practice of giving!

✿ *Give, and it shall be given you.*—LUKE 6:38.

DECEMBER 13

Thursday

THROUGH THE POWER OF CHRIST WITHIN ME I AM FREE FROM THE PAST. TODAY I BEGIN ANEW.

NEARLY EVERYONE at some time has said, "If only I could begin again." The truth is that we have the opportunity to begin again at any moment we choose. No one would want to begin again without the wisdom and understanding he has gained from the experience he has had in living. So what we really want is to begin again with our present understanding of ourselves and our life.

We can begin again this very moment. All that has gone before has helped to bring us to the place where we are now. Christ is with us now to set us free from fear and to give us spiritual control of our thoughts and feelings, of our circumstances, so that we may fulfill our divine destiny and live a happy, harmonious, purposeful life.

Today accept yourself as a child of God, inspired and guided by the Christ Spirit within you. Know that today you are free to begin anew.

✿ *So Jehovah blessed the latter end of Job more than his beginning.—JOB. 42:12.*

Friday

DECEMBER 14

I FREELY AND LOVINGLY FORGIVE AS I AM
FREELY FORGIVEN BY THE POWER OF CHRIST
IN ME.

CHRIST IS ever within you as the very presence of the Spirit of forgiveness. Recognizing this, you will no longer find it difficult to forgive any seeming injury or injustice.

Begin this day by acknowledging that the forgiving love of Christ within you is expressing itself freely through you toward all, cleansing your heart and mind of every unforgiving thought. Give up any feeling of ill will toward anyone who may have offended you and set him free in the forgiving love of Christ. When you do this you can rest in the assurance that you are forgiven for any past mistakes. As soon as you are able to abide in this forgiving presence you remove the barriers to love and happiness and peace in your own life.

Through the forgiving love of Christ you can easily and thoroughly forget even the memory of injury. Let love work through you to bless you and to release you into the kingdom of good.


✿ *And forgive us our debts, as we also have forgiven our debtors.*—MATT. 6:12.



Dear DAILY WORD Friends:

Since that day in August when the war ended we have thought, "What a Christmas it will be this year!" Christmas time in Silent Unity is always a time when we get together in prayer, when our hearts are full of love and joy. This year as we celebrate Christmas we know that you will be with us in spirit, that your hearts will be as exultant as ours, that your joy will be as full as ours, that your Christmas will be the happiest, the merriest, the most peace-filled one you have ever had!

You who through the war years prayed for a speedy victory when to human eyes the victory seemed far off, who prayed for peace when to human hearts peace seemed almost impossible, who prayed for protection when sometimes to human sense protection seemed almost too much to hope for—you have done more than you know to bring an end to war, to bless the world and its people.




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JAMES DILLET FREEMAN

We have had quiet Christmas services
These war years, mixing hopes and memories;
Lit candles for the ones we loved; and kept
Our faith when faith was hard; and have not slept
In prayer, but in the dark hour when we might
Have faltered, we have trusted in Thy light.
And Lord, Thy light was there! Once more the year
Rolls round, once more the blessed time draws near,
This holy Christmastide, this joyous morn
Of giving, this fair day when Christ was born.
Once more we come with candlelight to pray
For those we love, knowing that even they
Who sleep in foreign fields are in Thy hand.
And, oh, there is a new light in the land
This year! Lord, Lord, this thankfulness! the night
Is lifted from the land! The land is bright
With hope! Our very hearts are tipped with flame
And shine like Christmas candles in Thy name!




Since the end of the war many of you have written to us to tell us how thankful you are that it is over. With one heart, one voice, even with one phrase you said, "Thank God for peace!"

We feel as though you are all meeting here with us in Silent Unity this Christmas time. We see you standing close together, your faces alight with joy, your hearts overflowing with thankfulness, your minds free at last from the oppressing weight of war. "Where two or three are gathered together in my name, there am I in the midst of them." We feel the presence of Christ reborn here in the heart of this place which we call Silent Unity. And since you are here in spirit, in His name, His presence is reborn in your hearts this very hour!

We bless you. We love you. We wish you a merry, merry Christmas!

SILENT UNITY



DECEMBER 15

Saturday

I AM THE IMAGE AND LIKENESS OF GOD,
PERFECT IN HIS SIGHT, BLESSED WITH HIS
LOVE.

THERE IS A divine design for life, a divine pattern for man. This design or pattern is not cut and fashioned from outer conditions, from heredity, from race, color, or creed. It is forever in the heart of man.

When we are happy, healthy, blessed with substance, when there is order and harmony in our life and affairs, when we have peace of mind and are serene and secure, then we are following the divine design, unfolding the perfect pattern.

We were chosen "before the foundation of the world, that we should be holy and without blemish before him in love." God designed us perfect in mind, body, and expression. His pattern for our living is beautiful, joyous, complete. No matter what is our name, our station in life, our importance to society, our education, or our background, our true heritage is divine, our destiny is to be like the Christ of God. Claim this heritage, accept this destiny!

✿ *He chose us in him before the foundation of the world.*—EPH. 1:4.

Sunday

DECEMBER 16

THE ADJUSTING POWER OF SPIRIT IS AT WORK
IN MY LIFE, AND ALL MY AFFAIRS ARE IN
ORDER.

WHEN WE have adjustments to make in our life, when we have to change our manner of living, we can do so smoothly and easily by realizing that the adjusting power of Spirit works in and through us. We can identify ourselves with universal order and harmony by prayer and faith, and can establish order in every detail of our life.

If you are facing a change in your life, perhaps a new job or a new home, dismiss all thoughts of confusion and indecision and put your whole trust in God. Let His adjusting power have full expression in you, and relax in the realization that all things are working together for your good.

Sometimes change is necessary for growth and development and brings happiness and satisfaction far beyond what you can discern in your present circumstances. So when changes come keep your mind open and know that God's love is ever with you, leading you always into greater good and adjusting every detail of your life.

❖ *Thou wilt keep him in perfect peace.—ISA. 26:3.*

DECEMBER 17

Monday

I DO MY PART IN MAKING GOD'S WAY
KNOWN UPON THE EARTH.

GOD'S WAY alone can bring peace to all nations and peoples. His is the way of peace and well-being for all. We can all do our part by so living our individual life that peace may come forth from it to bring a blessing to those about us.

There is only one sure way of making God's plan known to others. That is in the way we live our own life. A God-filled, God-directed life speaks more eloquently than all the orators and writers that can be gathered together.

We can each contribute a gleam to true peace on earth, to the brotherhood of man. We can each direct our thinking rightly and keep our heart filled with love for our neighbors, our words kindly, our actions dedicated to the good of all. This is God's way, the way of peace for all, the way of God in man speaking to God in his neighbor until all the world is speaking as He would have it speak.

*That thy way may be known upon earth,
Thy salvation among all nations.*

—PSALMS 67:2.

Tuesday

DECEMBER 18

I REJOICE IN THE KNOWLEDGE THAT I AM
FREE WITH THE FREEDOM OF SPIRIT.

FREEDOM IS one of the laws of our being. Ever since civilization began there has been in the heart of man a continual urge toward freedom, always greater and greater freedom.

But we are free. We have always been free in Truth. Between us and God there can be no interference. This oneness with God, who cannot be bound, makes us wholly, utterly free.

Through the forgiving love of God we are free from all past error. His love makes us free. Through His healing life we are made free from sickness and weakness of all kinds. His life makes us free. Through His all-knowing mind we are free from ignorance and doubt. His all-wise mind makes us free. Through His unfailing and abundant supply we are free from lack and want. His abundance makes us free.

Let us be thankful, whatever our present circumstances, that we are free in spirit and in truth. Let us rejoice in our oneness with God, which makes us wholly, utterly free.

✿ *If therefore the Son shall make you free, ye shall be free indeed.*—JOHN 8:36.

"BE STILL, AND KNOW THAT I AM GOD."

TO MANY persons the term "the silence" suggests something mysterious and difficult. The silence is communion with God, conscious union with the source of one's being. If you experience difficulty in practicing the silence you may find the following suggestions helpful:

Sit quietly, close your eyes, relax your body. Feel that the quietness and stillness of the Infinite is permeating your being.

When you have become centered in the quietness within, obey the injunction to "take with you words and return unto Jehovah." Repeat some Biblical passage or statement of Truth over and over slowly, trying to realize and to feel the meaning of each word. Finally the words will drop away and you will be absorbed in their realization. This is the silence.

Of course there are degrees of the silence, and as you turn within again and again the way will grow easier and you will penetrate further and further into the heavenly kingdom within.

✿ *God is Spirit: and they that worship him must worship in spirit and truth.*—JOHN 4:24.

THE NEW LIGHT IN CHRIST ILLUMINES ME.
—UNITY CLASS THOUGHT.

WHEN Jesus said, "I am the light of the world," He was not speaking of Himself, the man. Rather it was the Christ, the light eternal that "lighteth every man, coming into the world" that spoke through Him. We are thus assured that the light of Christ shines eternally for us, for He also said, "Lo, I am with you always."

As we celebrate the birth of Jesus the Christ each year, we do more than commemorate the birth of a babe in Bethlehem nearly two thousand years ago. At Christmas time we think and speak words of praise and love and adoration for Him who perfectly expressed the divinity of all men. In so doing we pay our highest homage to the Spirit of light, which dispels the darkness of human ignorance and illumines us anew to know that what Jesus the Way-Shower has done all men can do. What He is all men are. Let us rejoice in the light that ever lights our way.

✱ *I am come a light into the world, that whosoever believeth on me may not abide in the darkness.*—JOHN 12:46.

WISDOM FROM WITHIN REVEALS NEW SOURCES OF WEALTH WITHOUT, AND I AM PROSPERED.—UNITY CLASS THOUGHT.

AS THE world progresses spiritually in response to changes in the race thought, we behold it continually discarding outgrown and outworn ideas in favor of new and better ones. New opportunities arise daily, and new sources of wealth are continually appearing.

God wants us to be producers of new ideas, which He supplies to us from within. When we commune with the Spirit within and ask for new ideas, they are always forthcoming. When we lay hold of them and go to work on them and with them we put them into action; then they work powerfully to increase the manifestation of substance in our affairs.

Today let us be willing to lay aside our old ideas and ask Spirit, divine wisdom, to reveal to us the new ideas that we need. Let us begin to concentrate upon the new sources of wealth that are opened to us by the action of those ideas.

*Incline thine ear unto wisdom,
And apply thy heart to understanding.*

—PROV. 2:2.

Saturday

DECEMBER 22

I AM BORN ANEW THIS DAY, AND I RADIATE HARMONY AND HEALTH.—UNITY CLASS THOUGHT.

THE "new birth in Christ" is one of the mystical teachings of Christianity that cannot be explained in words, but must be experienced in order to be fully comprehended. It involves the complete surrender of the "ego" or "personal man" to the Christ Spirit. When this takes place we experience complete renewal in spirit, soul, and body and are truly "born anew."

The "personal man" who has not experienced Christ renewal is full of troubles, woes, sickness, and the like. He strives to overcome them in outer ways and may meet with a measure of success; but not until he "crucifies" the "ego" or relinquishes his personal efforts at dominion over himself and permits the Christ Spirit to take full and undisputed control does he become a true and perfect son of God.

Today let Christ come forth in you, that you may be reborn in His Spirit, and filled with new life, peace, and joy.

♣ *That which is born of the Spirit is spirit. . . . Ye must be born anew.*—JOHN 3:6, 7.

Sunday

DIVINE LOVE, EXPRESSING ITSELF THROUGH ME, DISSOLVES ALL INHARMONY, AND MY LIFE IS PEACEFUL AND HAPPY.

LETting GOD's love express itself freely through you is the sure way to eliminate inharmony from your life. Beholding every person and situation with the eyes of love is a magical method of overcoming the minor irritations that arise in everyday life as well as of solving the biggest problems.

If inharmony has seemed to be manifesting itself in your affairs, begin now to express love in all your relations with others. Bless each member of your family silently, and express love and kindness and courtesy toward each one. You will find a swift and sure response, for like attracts like. Bless each person you are associated with in any way and let divine love express itself freely through you toward everyone. Affirm that there is only one presence and one power in your life, the loving, harmonious presence of God. As you are faithful in thought, word, and action to this presence, all inharmonies will be dissolved.

❁ *Love one another, even as I have loved you.*—JOHN 15:12.

Christmas Eve

DECEMBER 24

"MY SOUL DOTH MAGNIFY THE LORD."


THIS IS Christmas Eve. All the mystery and beauty of the Christmas story is murmured by the night wind, heard in the snowfall, seen in the light of the stars.

This is the loveliest night of all the year. Even if the sky is starless, a star is shining above Bethlehem's hill that we see still. Even if the sound of the city is discordant in our ears, an angel's choir sings songs of peace that our heart hears.

This is Christmas Eve. Tonight the Christmas story is retold in your heart; tonight the Christ is reborn in your heart. Tonight your heart is the manger that cradles the Christ child; your faith is the star that guides the Wise Men; your joy is the song that startles the shepherds.

Tonight the past and present are merged. No longer do you feel a gulf of years between Bethlehem and now. The wonder and the mystery of the everliving Christ encircles the years and brings to you a sense of oneness with all time, all space, all life. Tonight the Christ is born in you!

❁ *I bring you good tidings of great joy which shall be to all the people.*—LUKE 2:10.



Christmas Star

VIOLET THOMAS HARTMANN

★
C
ould a magic Christmas star
Be shining in my heart;
Be lighting up my mind with Truth
To cause love thoughts to start?

★
C
ould a magic Christmas star
Be sparkling there within
To make me sing sweet carols now;
Then welcome neighbors in?

C
ould an inner Christmas star
Bring Christ's own perfect gift,
★ A warmth of joy and happiness,
Though wintry snows now drift?

Y
es, a magic Christmas star
Does shine Truth rays for me,
For you, for all who know that Christ
Lives close eternally.

Y
es, the manger of my heart
Glow now with sacred light,
A symbol of the inner Christ
Reborn in me tonight.

Christmas Day

DECEMBER 25

CHRIST IS BORN IN ME THIS DAY. HALLOWED
BE HIS PRESENCE WITHIN ME.

"Oh, let the bells in rapture ring
And peace its joy impart;
For He is come who shall be king:
The Christ in every heart.

"Upon this day His love supreme
Relights the inner flame,
And we who walked as in a dream
Awake to know His name;

"For He is here whom we adore,
Oh, happy thought and sweet!
Forever and forevermore
The Christ in you I greet."

• *There is born to you this day . . . a Saviour, who is
Christ the Lord.*—LUKE 2:11.

I ENTER INTO THE ACTIVITIES OF THIS DAY WITH THE ENERGY, EARNESTNESS, AND ENTHUSIASM OF THE CHRIST SPIRIT WITHIN ME.

THE JOY AND happiness and satisfaction we get from life is measured by the quality and quantity of energy, earnestness, and enthusiasm we put into living. It is through earnest application and an enthusiastic attitude of mind that we gain success. It is through the use of our energy and abilities that we develop and grow and expand our life. It is by entering into life and the activities of life with energy and enthusiasm that we discover the extent of our own powers and fulfill our aspirations.

Enthusiasm is not merely the effervescence of an emotional nature. Enthusiasm is the surging up of the faith present in every heart—faith in the goodness of God and the wondrous possibilities of life.

Approach life with interest and enthusiasm and your life will blossom out in beauty and fruitfulness; you will experience joy and happiness and satisfaction.

✿ *In diligence not slothful; fervent in spirit; serving the Lord; rejoicing in hope . . . continuing steadfastly in prayer.*—ROM. 13:11.

Thursday

DECEMBER 27

TODAY IS MY DAY. I ACCEPT IT, I RESPECT IT, I BLESS IT. TODAY IS A DAY OF GOOD TIDINGS.

TODAY IS THE fulfillment of the promise made by yesterday; today is the foundation for the happiness of tomorrow. Today is your day! Today is a day for health, happiness, peace, prosperity, success, growth, change, and thanksgiving. Today is your opportunity to give expression to the God life, God love, God light, God peace, God power, God substance that you know is your heritage.

Let us not procrastinate. Let us not put today's joys off until tomorrow. Today's need for happiness is today's assurance that the source of happiness is at hand. Today is sufficient unto itself. Today is blessed and a blessing. Let it bring us fulfillment. Let it reward us with the good of the present moment.

"This is a day of good tidings." This day is a day of healing, of plenty and peace; this is the day of success and security. This day is the day of good tidings sung from the hearts of men into the world of men.

✿ *I have set before thee this day life and good . . . choose life that thou mayest live.*—DEUT. 3:15, 19.

Friday

I OPEN MY MIND AND HEART TO GOD IN PRAYER, AND HE GIVES ME LIGHT, GUIDANCE, AND FULFILLMENT.

MOST PERSONS DO not pray for enough. That is why they do not experience the great transformations in their life that they hope for. Most persons base their ideas of what will give them happiness and satisfaction upon what they have experienced in the past and upon what they can observe in the life of other persons. They form their prayers around this experience and around this observation, and many times the answers to their prayers are not as satisfying as they anticipated, because the real need of their soul is beyond what they have yet experienced or yet observed. Only God can penetrate to the deepest places of the mind and heart and give true and perfect satisfaction.

The most effective and most satisfying way of prayer is to set aside your own preconceived ideas when you go to God for help and allow Him to reveal to you the truth about yourself and about your needs. Open your mind and heart to God and He will give you light, guidance, and fulfillment.

✿ *My expectation is from him.*—PSALMS 62:5.

Saturday

DECEMBER 29

I IDENTIFY MYSELF WITH THE POWER OF GOD, AND I AM FEARLESS AND FREE.

IT HAS BEEN proved that there is a definite relation between the thoughts of a man and the conditions he experiences in his body and affairs.

We can see that fearful thinking can create negative effects in the body, can be the cause of unpleasant or unhappy experiences. Whatever it is that causes us to be fearful can be overcome through faith in God. We identify ourselves with the power of God, we become fearless and free through believing absolutely in the fundamental principle of Truth, that there is but one presence and one power in man and in the universe, God, the good, omnipotent.

As we increase our faith and trust in the power and goodness of God by opening our mind to the truth about ourselves as children of God, fear and anxiety are dispelled from our mind, and our body and affairs are benefited and blessed.

All things are possible to us when we free ourselves from fear by exercising faith.

✿ *Fear not, stand still, and see the salvation of Jehovah, which he will work for you to-day.—EXOD. 14:13.*

I AM NOW LIFTED UP INTO THE LOVE, POWER,
AND DOMINION OF DIVINE MIND.

THERE IS A sure way to overcome any negative emotion, and that is to put God in its place. At first this may seem difficult to do, but when we think of God as synonymous with positive emotions like love and faith we see that it is possible to replace destructive thoughts with God, with good thoughts.

For instance, if fear is your problem, think of the omnipresence and omnipotence of God. Know that in Him you live, move, and have your being. Think of all the reasons you have for trusting God. You will find fear fading before the feeling of faith that wells up in your heart.

If inharmony is your problem, if you find yourself thinking hateful thoughts, put God in the place of these unhappy thoughts. God is love, and when you think about the love of God you arouse and awaken His Spirit of love, which is your most priceless possession. The effort to think a loving thought opens your mind to God and releases you from bitter, critical, or unloving thoughts.

✿ *Thanks be unto God, who always leadeth us in triumph in Christ.*—II COR. 2:14.

Monday

DECEMBER 31

I AM UNFETTERED AND UNBOUND, TRIUMPHANT, SPLENDID, GLORIOUS, FREE!

BEFORE THE WORLD was I am. I am the Christ of God, eternal, pure, and perfect. I am without beginning or end. I am unaffected by birth or death. I am!

"Ye did not choose me, but I chose you." I chose you to express me. I chose your mind to think my thoughts. I chose your heart to hold my love.

I am in the midst of you. I am the life in every cell and atom of your body. I am the soul of inspiration that gives power and meaning to your thoughts. I am the truth that sets you free.

Because I am you are. Because I am eternal you are eternal. Because I know no limitations you know no limitations. Always I am with you, always you recognize my voice in your soul as the voice of Truth. Always you know my name as the name of the Holy Spirit. I am the heart of your being; I am the soul of your being; I am the life beyond flesh and blood; I am the eternal, unchanging Spirit of God in you!

❁ *The mystery which hath been hid for ages and generations . . . Christ in you.*—COL. 1:26, 27.



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O Come, All Ye Faithful

O come, all ye faithful,
Joyful and triumphant,
O come ye, O come ye to Bethlehem;
Come and behold Him
Born the King of angels;
O come, let us adore Him,
O come, let us adore Him,
O come, let us adore Him,
Christ the Lord.

O sing, choirs of angels,
Sing in exultation,
O sing, all ye citizens of heaven
above:
Glory to God
In the highest glory,
O come, let us adore Him,
O come, let us adore Him,
O come, let us adore Him,
Christ the Lord.

—*Tr. F. Oakeley.*

